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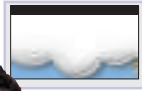

High 16°
Low 5°
WEATHER P. 15

Stingray deaths shock city zoo

Incident latest in series of fiascos: Zoocheck director

By **KRISTA SYLVESTER**
Metro Calgary

The Calgary Zoo staff is stunned after the mysterious deaths of 34 of 43 stingrays in its popular aquatic exhibit on Sunday and yesterday.

The zoo closed the stingray exhibit after a ray keeper noticed "erratic behaviour" from the aquatic creatures; 26 died within two hours, and eight more perished yesterday — for a total of 34. Nine more are in quarantine at the zoo.

"I think the zoo staff and especially the veterinarians are obviously very upset. The rays were such an engaging and popular attraction," Cathy Gaviller, director of conservation, education and research told Metro.

The deaths come as a total shock to the zoo, said Gaviller, adding that the creatures were seemingly fine and water tests conducted daily were normal.

"What we do know is that there was no mechanical failure in the life support system. We will be relentless in investigating the cause."

While necropsies on the dead rays showed signs of distress and irritation of the gills, zoo officials were unable to explain the sudden deaths. Calgary Zoo veterinarian Dr. Doug Whiteside said there might have been a change in the water.

The vet said they aren't ruling out sabotage of the marine tank as a cause for the stingray deaths.

"We don't want to think someone would do this, but we have to look at all possibilities but that would be very sad if that was the case," Whiteside said.

Zoocheck Canada executive director Rob Laidlaw told Metro this is another troubling incident for the zoo.

"It's a serious problem. And the Calgary Zoo seems to have a lot of them. It's been one fiasco after another after another for them," Laidlaw said.

Zoo visitor Rochelle Peters and her kids just visited the stingrays recently and she wonders if the deaths are due to "overstimulation."

"I would think a lot of people are sticking their hands in there and touching them. Maybe it's not good for them and it's just too much," Peters said.

The zoo is awaiting toxicology results to help determine what, if anything, was wrong with the water. Results are expected within a couple of weeks.

-krista.sylvester@metronews.ca

timeline

» Sunday
- 9:00: Rays fed, seem normal.
- 10:00: Exhibit opened to public.
- 11:00: Rays ate well, behaved normally for group of people.
- 13:00: Rays appear to have lost their appetite, staff begins monitoring them.
- 15:00: Rays show signs of stress. Water tested and appears normal.
- 16:00: Rays resting, a few swimming erratically.
- 16:20: Rays in extreme distress.
- 16:30: Ray keeper learns of several deaths. Exhibit closed.
- 17:00: 26 rays dead.

» Yesterday: Eight more rays die.

recent deaths

» Between 2006 and 2007 four gorillas died, including the most recent in the summer of 2007.

» In October 2007, Hazina the hippopotamus died after being shipped from the U.S.

ROBIN KUNISKI/FOR METRO CALGARY

Pierre Hamel of the Calgary Zoo looks over the nine surviving stingrays in quarantine after the mysterious deaths of 34 of the 43 aquatic creatures in the popular marine exhibit between Sunday afternoon and early yesterday morning.

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local

The Calgary Reggae Festival Society announced its line-up for the 2008 Calgary International ReggaeFest 5 in August. Tickets for the main event will go on sale May 15. For a complete line-up visit *www.calgaryreggaefestival.com*.

METRO CALGARY

Citytv

Protester claims attack by guards

Man alleges he was roughed up, wants apology

By **KRISTA SYLVESTER**
Metro Calgary

A protester is asking for a public apology after two security guards allegedly attacked him without provocation.

Calgary investor Atul Jain said he was packing up after a protest at the Deerfoot Mall parking lot where the Shrine Circus was being held on Sunday when he was physically confronted by the guards.

"This guy came at me and said 'give me your sign,' so I pulled back and then he jumped at me and then the other lunged at me and knocked me to the ground," Jain told Metro, adding he was then handcuffed.

Jain said he suffered cuts and abrasions on his arms and hands, and x-rays showed he also suffered damaged ribs in the altercation.

There were only five protesters left at the time, including 24-year-old Laura Johnson and her boyfriend 25-year-old Alex McKinnon, who was also pushed in the incident.

"It seemed like these guys were just looking for a fight. We didn't do anything wrong and they just came after us. I have never seen anything like it," Johnson said.

Police were called but decided not to lay charges against either side. An ambulance also treated Jain's injuries on scene.

Deerfoot Mall general manager Debra Mathias told Metro they are investigating the incident.

"(The security guards) are not our direct employees, they are contracted out by Canstar Security, so we are waiting to get both sides of the story," she said.

Repeated calls to Canstar Security went unreturned.

–krista.sylvester@metronews.ca

ROBIN KUNISKI FOR METRO CALGARY

SUBMITTED

Calgary Investor Atul Jain, centre, alleges that he was the victim of an unprovoked attack (inset) at the hands of overzealous security guards just outside the Deerfoot Mall property yesterday where he and a handful of others were protesting the Shrine Circus.

»news In Brief

» **ART** The drive downtown will be getting a new look as the seven bridges leading into the core are set to become the walls of an open-air art gallery. Replacing banners first installed in 2000, a new artists' banner program, which will have banners swapped out on an annual basis, is hoped to create a livable, thriving and caring Centre City. This year's theme, which celebrates the contributions of normal Calgarians, headed up by local artist Marian Eggermont, focuses on eight people she encounters regularly.

» **WASTE** Dumpsters took another step out of downtown laneways as city council approved an investigation into new modes of waste removal yesterday. Based on feedback from Waste Management and BMI the city is looking at using smaller receptacles with plans for more frequent pickups.

METRO CALGARY

Zero-based budget nixed early

By **NEIL MACKINNON**
Metro Calgary

Zero-based budgeting fell flatter than a helium balloon in a sewing needle factory.

A joint motion put forth yesterday by aldermen Ric McIver and Jim Stevenson to adopt a zero-based approach, forcing all city departments to conduct a yearly expenditure review, lasted less than 30 seconds on the floor before being sunk by mayor Dave Bronconnier — who said it ran directly contrary to the city's three-year budgeting process adopted April 15.

"They're not mutually exclusive, your worship, there's no reconsideration required," McIver said.

"In my view there is," Bronconnier rebutted. "The substantive difference with your motion requires that this changes and effectively you move back to annual budget."

After two failed attempts to resurrect his motion, McIver shook his head and accepted the fate of a move he had hoped would save taxpayers further tax increases.

Canadian Taxpayers Federation Alberta director Scott Henning, who would like to see all levels of government adopt a zero-based budgeting approach for its absolute need to constantly justify expenses, said it was a "real missed opportunity" on the city's behalf.

–neil.mackinnon@metronews.ca

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METRO CALGARY

Off-duty cop faces DUI charges

Edmonton officer suspended with pay after crash

By **VICTORIA HANDYSIDES**
Metro Edmonton

An off-duty Edmonton cop charged with drinking and driving after a fiery late-night wreck in Edmonton will remain suspended from work while still receiving a paycheque.

"An officer can be suspended without pay, but it's very seldom," said police Chief Mike Boyd at a press conference at police headquarters yesterday.

"Under the circumstances, it would be inappropriate for me to suspend without pay."

no comment

» Edmonton Police Chief Mike Boyd wouldn't comment on whether or not there were previous concerns surrounding Officer Douglas Brown's alcohol consumption.

Boyd said that in his time as police chief, he's suspended a few officers without pay after committing an offence. He said it's a complicated process that requires approval and support from the police commission.

"It's a subject not very well-understood by the public. The legislation within the Police Act is written to assist in protecting police officers from political influence," he said.

"It's not something a chief can do lightly, though I do understand the concerns the general public has with that."

Brown, a three-year veteran of the Edmonton Police Service, is facing a long list of drinking and driving charges, after his BMW slammed into the side of a Ford pickup truck Saturday night, leaving four people injured.

-victoria.handysides@metronews.ca

Smoke detector program launched

Saved by alarm, Labbe family helps kick off initiative

By **ALICIA FOX**
for Metro Calgary

When Paul Labbe heard the smoke detector go off, he wasn't very concerned.

"I thought the smoke detector was malfunctioning," Labbe said. But when he went to check it out, he found a fire in the garage. By the time he came back to try and extinguish it himself, the whole garage was engulfed and he evacuated his family.

He had practised the escape plan with his family a few times and they gathered at the neighbour's house across the street.

Labbe and his wife, Coleen, and four of his five children, Tanner, Shae, Bryn and Layne, were guests at the kickoff for Calgary's 12th annual Residential Smoke Detector Program — living proof that smoke detectors save lives.

From now until Halloween, firefighters will be canvassing neighbourhoods within their districts to provide information and a no-cost checkup on smoke detectors. In the last 11 years, over 175,000 homes have been visited and firefighters have replaced more than 19,600 smoke detectors and 12,700 batteries.

But Dean Krupa from the Calgary Fire Department says to think about the whole equation, including an escape plan, and although you might soon have a firefighter knocking on your door, Krupa says not to wait around.

"Take your own safety into your own hands," he said. "We can't possibly … get everywhere."

Smoke detectors should be checked annually and replaced every 10 years.

ROBIN KUNISKI/FOR METRO CALGARY

The Labbe family, from left to right, Paul, Coleen, Shae, 11, Layne, 7, Bryn, 11, and Tanner, 16, helped the Calgary Fire Department launch its 12th annual Residential Smoke Detector campaign yesterday. The Labbes credit a smoke detector for saving their family from a house fire.

More city vehicles to run on biofuel in near future

City council approved a motion tabled by Ald. Linda Fox-Mellway yesterday directing administration to assess the environmental, economic and social implications of utilizing greener fuel options for its green fleet.

The city already runs more than 30 hybrid or more fuel-efficient vehicles with roughly 60 set to join the fleet this year.

"Vehicles have changed a lot," Fox-Mellway said. "I used to put a hair brush in my carburetor when it wouldn't start."

The motion, which seeks a report by the end of 2009, sailed through council without as much as a whimper as the city maintains momentum towards reaching its commitment to reducing its greenhouse gas emissions to 50 per cent below 1990 levels by 2012. The hope is that carbon-neutral biofuels play a big part in reaching those targets.

NEIL MACKINNON/METRO CALGARY

$1,037 tuition paid in coin

The times, they are a-changing, and so are the finance officers at the University of Calgary, counting out 17,000 coins with which one student paid his tuition.

After some "couch-diving and penny jar" expeditions, Teale Phelps-Bondaroff, a fourth-year political science student, ordered the remainder of the coins from the Kensington Scotiabank to satisfy the rest of his $1,037 spring tuition.

"It's time for change," Phelps-Bondaroff quipped, saying that since the government nickels and dimes students' funds away, "it's about time we did it right back at them."

He was also protesting the fact that students will no longer be able to pay by credit card come June, though the university says the money saved will be put into scholarships.

ALICIA FOX/FOR METRO CALGARY

canada

Six foals will be born at the RCMP breeding farm in Pakenham, Ont., this spring, and the Mounties want kids younger than 14 to name them. Names must start with F and be six letters or less. Enter at http://www.rcmp-grc.ca. METRO NEWS SERVICES

Disasters create dilemma for DART

Ottawa may find itself having to weigh one disaster against another. The government has offered Canada's military Disaster Assistance Response Team to bolster relief efforts in Burma after last week's cyclone left tens of thousands dead. But Burma's hardline regime is dragging its heels.

A nine-member DART assessment team is stuck in Thailand and unable to cross the border into Burma, also known as Myanmar, Department of National Defence spokesperson Maj. Julie Roberge said yesterday.

request
» So far, there has been no official request for aid from China.

Meanwhile, the Toronto-based Chinese Canadian National Council is urging Ottawa to send the 210-strong disaster team to China where the death toll from yesterday's earthquake approached 10,000.

TORSTAR NEWS SERVICE

»news In Brief

» **GAS** Industry Minister Jim Prentice told Parliament he wants to impose fines of $10,000 on gas retailers who overcharge customers due to faulty pumps, instead of the current fine of $1,000, and make pump inspections mandatory every two years.

» **TASERS** There is no "magic bullet" use-of-force option available to police that eliminates the risk of death, the head of Taser International Inc. told a public inquiry into the use of conducted energy weapons yesterday in Vancouver. METRO NEWS SERVICES

$30B boost for defence

PM announces long-term plan to beef up forces

By **ROBYN YOUNG**
Metro Halifax

Prime Minister Stephen Harper was in Halifax yesterday to announce a long-term, $30-billion defence plan which will infuse the Canadian Forces with new or upgraded equipment and about 10,000 more military personnel over the next 20 years.

Harper said if a country wants to be taken seriously, it must have the capacity to act. "Otherwise you forfeit your right to be a player," he said.

But as Harper and Defence Minister Peter MacKay unveiled the details of the plan, some were left questioning what was actually new.

Many of the items in the strategy had been previously announced.

"The newest thing about this announcement is that it is a long-term plan," Harper told the media and about 200 military personnel at the Halifax Armoury.

The Canada First Defence Strategy will increase the regular force personnel from 65,000 to 70,000 and reserve personnel from 24,000 to 30,000.

The government announced this increase in 2006 but said in a release last November the numbers weren't accounted for in federal spending. In addition to people, the strategy will ensure the Canadian Forces have the equipment they need to do their job.

"Government in the past was finding that it was responding to the problems of rust-out and obsolescence of equipment by announcing 'one-off' purchases as the budget allowed," Harper said.

For the first time in modern history, said MacKay, the Canadian Forces will be able to plan for the future.

PAUL DARROW/REUTERS

Prime Minister Stephen Harper shakes hands with members of the Canadian armed forces during a military spending announcement at the Armouries in Halifax yesterday.

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world

The parents of two 10-year-old boys who believe vaccines caused their sons to develop autism brought their case to U.S. federal court yesterday, arguing a mercury preservative in the shots caused a rare reaction. REUTERS

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China quake kills 10,000

Worst disaster since 1976 when 300,000 died

STRINGER/REUTERS

An injured student cries while receiving medical checks near the debris of a collapsed building at a primary school at Liangping County after an earthquake in Chongqing municipality, yesterday.

An earthquake devastated southwestern China yesterday, killing 10,000 people and trapping hundreds of others under flattened schools, factories and houses.

The 7.8 magnitude quake, centred in Sichuan province, struck in the middle of the school day and toppled at least eight schools. Factories and at least one hospital were also razed, trapping hundreds more, state media said.

The death toll appeared likely to climb in China's worst earthquake in over three decades.

In Shefang city in Sichuan, 6,000 residents were evacuated after two chemical plants were levelled, trapping more than one hundred people and spilling corrosive liquids.

The government has rushed troops and medical teams to dig for survivors and treat the injured. State television showed Premier Wen Jiabao, who flew to Sichuan, shouting words of hope to people buried under heavy concrete ruins.

"Everyone hang in there. We're rescuing you," he yelled into a hole as survivors nearby wept and moaned.

The quake was the worst to hit China since the 1976 Tangshan earthquake in northeastern China where up to 300,000 died.

This time the devastation was worst in hilly farming country, where winding roads can be hard travel even in normal times. The area is near the famed Wolong panda reserve. The disaster comes as China prepares to host the Olympic Games in August and has been struggling to keep a lid on unrest in ethnic Tibetan areas.

REUTERS

Obama expecting big loss in West Virginia

Polls show Clinton ahead by nearly 20 points

Democratic front-runner Barack Obama made a brief stop in West Virginia yesterday before an expected bad loss there to rival Hillary Clinton, but looked past the contest to plan for November's presidential campaign.

During a six-hour West Virginia trip, Obama announced he would visit the crucial November battleground states of Missouri, Florida and Michigan over the next week as he eyes a likely general election fight with Republican John McCain.

"There is an election here tomorrow. I am extraordinarily honoured that some of you will support me," he told a rally in Charleston. "I understand that many more here in West Virginia will probably support Senator Clinton."

Obama has a big lead on Clinton in their duel for the Democratic presidential nomination, but appears headed to a bad defeat in West Virginia, where polls show her ahead by more than 20 points.

Even with the win, Clinton cannot catch Obama and has resisted calls to give up the fight and allow Obama to focus on McCain.

REUTERS

western influence

Iran to crack down on 'immoral' acts

IRAN Iranian police will launch a crackdown this week on "indecent Western-inspired movements" such as rappers and satanists, state radio said yesterday. The move signals a widening of a clampdown on "immoral" conduct launched last year. REUTERS

U.S. blasts Myanmar response

100,000 feared dead according to latest UN figures

The United States will send two more aid flights to cyclone-stricken Myanmar and offer $13 million US more in aid through UN agencies even though U.S. officials involved in the relief effort have not been allowed beyond Yangon airport, U.S. officials said yesterday.

As the first U.S. aid flight arrived in Myanmar yesterday, President Bush condemned the country's military junta for failing to act more quickly to accept international help after Cyclone Nargis devastated the country, saying "either they are isolated or callous."

"It's been days and no telling how many people have lost their lives as a result of the slow response," Bush said in a radio interview with CBS News. "An American plane finally went in, but the response isn't good enough."

The latest numbers from the UN say a 100,000 are feared dead. REUTERS

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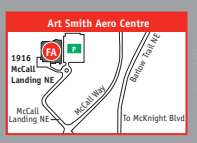

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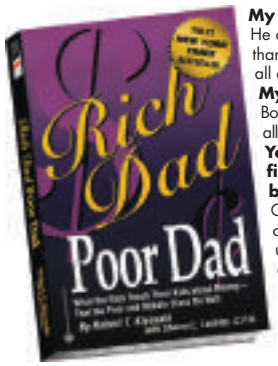

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Robert Kiyosaki will not be appearing at the workshop.

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Release soldier or no truce, Israel says

Makes return of captive a condition of Hamas ceasefire

AMIR COHEN/REUTERS

Israeli soldiers and police officers stand at the scene after a rocket fired by Palestinian militants in Gaza landed in Moshav Yesha, just outside the southern Gaza Strip yesterday.

Israel told an Egyptian mediator yesterday a ceasefire deal with Hamas must address the issue of a captive Israeli soldier, Israeli officials said, posing what appeared to be a new condition for a truce.

Hamas officials said a truce agreement and the release of Gilad Shalit, held by Gaza militants since 2006, should remain separate issues, and they were awaiting clarifications from the negotiator, Egyptian intelligence chief Omar Suleiman.

Suleiman told reporters before holding talks with Prime Minister Ehud Olmert and other Israeli leaders that he had "high expectations" a ceasefire deal could be reached.

Shortly after Suleiman met Israeli leaders, Islamic Jihad militants launched a rocket which killed a 70-year-old Israeli woman at an agricultural community close to the border with the Gaza Strip, security and emergency services said.

Palestinian militants from the Islamic Jihad militant group, who regularly fire rockets and mortars into Israel from Gaza, claimed responsibility for the attack, which came as Egypt tried to broker a truce between the Jewish state and Gaza militants.

A spokesman for Israeli Prime Minister Ehud Olmert placed responsibility for the deaths on Hamas and said they were not reining in the militants.

"Hamas controls the Gaza Strip. They are responsible for these attacks and they are accountable," spokesman Mark Regev said.

REUTERS

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WestJet said it would begin charging, as a fuel surcharge, an additional $20, $30 or $45 per one-way ticket for short-, medium- and long-haul flights beginning today, due to soaring jet fuel prices. TORSTAR NEWS SERVICE

BlackBerry goes Bold

Smartphone has features to appeal to retail market

RIM HANDOUT

The new BlackBerry 9000, a.k.a. the BlackBerry Bold.

Research In Motion Ltd. is launching a new high-end version this summer of the BlackBerry aimed at its core base of business users, but it hopes the sleek new smartphone will also catch on with the broader retail market.

Shares of RIM jumped yesterday, climbing 6.6 per cent on the TSX and 6.7 per cent on Nasdaq.

The BlackBerry Bold, as the new smartphone is called, is the first BlackBerry to support high-speed HSDPA cellular networks and comes with integrated GPS, Wi-Fi and a host of multimedia features.

The smartphone rolls out globally this summer and will cost between $300 and $400 US, said RIM Co-CEO Jim Balsillie. REUTERS

»news In Brief

» **ENERGY** EnCana Corp. shares surged nearly 7 per cent yesterday after the company said it plans to split into two firms. REUTERS

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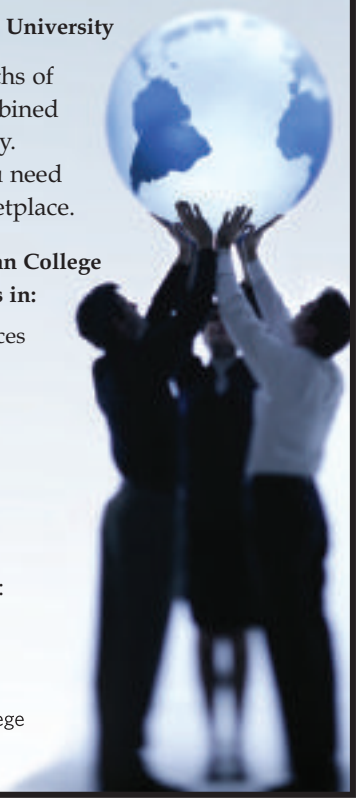

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sports

Flyers defenceman Braydon Coburn, left, is doubtful for tonight's Game 3 of Eastern Conference finals after being hit in the face with a puck during Philadelphia's 4-2 loss to Pittsburgh in Game 2 on Sunday. METRO NEWS SERVICES

Wings take stranglehold

Datsyuk notches hat trick as Detroit takes 3-0 lead

RED WINGS 5 STARS 2

Pavel Datsyuk recorded his first career playoff hat trick as the Detroit Red Wings took a commanding three-games-to-none series lead with a 5-2 win over the Stars in Game 3 of the Western Conference finals last night in Dallas.

Henrik Zetterberg added a goal and two assists for the Red Wings, who are one win away from reaching the Stanley Cup Finals for the first time since winning the title in 2002.

Chris Osgood made 16 saves in the victory to remain perfect in the postseason.

The 35-year-old netminder has won nine consecutive playoff games — all this season — tying his own franchise record set from the tail end of the 1998 and start of the 1999 playoffs.

Nicklas Grossman and Brad Richards hit the net for the Stars, who look to stave off elimination in Game 4 in Dallas tomorrow.

JESSICA RINALDI/REUTERS

Detroit Red Wings forward Henrik Zetterberg, left, celebrates his goal with teammates Chris Chelios and Pavel Datsyuk as Stars goalie Marty Turco skates past last night during the third period in Game 3 of their Western Conference Final series in Dallas.

Marty Turco turned aside only 16-of-21 shots in defeat.

Zetterberg's short-handed goal 1:38 into the third, which put Detroit ahead 4-2, was a crippling blow to Dallas, which failed to convert on a pair of early power plays in the period. METRO NEWS SERVICES

SCOREBOARD

NHL

CONFERENCE FINALS
WESTERN CONFERENCE
DALLAS VS. DETROIT
Game 3 — Last night
Detroit 5 Dallas 2
Game 4 — Tomorrow
Detroit at Dallas, 6
(Detroit leads series 3-0)

EASTERN CONFERENCE
PHILADELPHIA VS. PITTSBURGH
Game 3 — Tonight
Pittsburgh at Philadelphia, 5:30
Game 4 — Thursday
Pittsburgh at Philadelphia, 5:30
(Pittsburgh leads series 2-0)

NBA

CONFERENCE SEMIFINALS
WESTERN CONFERENCE
L.A. LAKERS VS. UTAH
Game 5 — Tomorrow
Utah at L.A. Lakers, 8:30
Game 6 — Friday
L.A. Lakers at Utah, TBA
(Series tied 2-2)

NEW ORLEANS VS. SAN ANTONIO
Game 5 — Tonight
San Antonio at New Orleans, 7:30
Game 6 — Thursday
New Orleans at San Antonio, TBA
(Series tied 2-2)

EASTERN CONFERENCE
BOSTON VS. CLEVELAND
Game 4 — Last night
Cleveland 88 Boston 77
Game 5 — Tomorrow
Cleveland at Boston, 6
(Series tied 2-2)

DETROIT VS. ORLANDO
Game 5 — Today
Orlando at Detroit, 5
(Detroit leads series 3-1)

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
Cleveland 3 Toronto 0 (Gm 1)
Toronto 3 Cleveland 0 (Gm 2)
Minnesota 7 Boston 3
Tampa Bay 7 N.Y. Yankees 1
Texas 13 Seattle 12
Chicago White Sox at L.A. Angels
NATIONAL LEAGUE
Pittsburgh 5 Atlanta 0 (Gm 1)
Atlanta 8 Pittsburgh 1 (Gm 2)
Washington 10 N.Y. Mets 4
Cincinnati 8 Florida 7
Chicago Cubs 12 San Diego 3
Milwaukee 8 St. Louis 3
Houston at San Francisco

TODAY'S GAMES
AMERICAN LEAGUE
Oakland at Cleveland, 5:05
Boston at Baltimore, 5:05
N.Y. Yankees at Tampa Bay, 5:10
Seattle at Texas, 6:05
Toronto at Minnesota, 6:10
Detroit at Kansas City, 6:10
Chicago Sox at L.A. Angels, 8:05
NATIONAL LEAGUE
Atlanta at Philadelphia, 5:05
Washington at N.Y. Mets, 5:10
Florida at Cincinnati, 5:10
San Diego at Chicago Cubs, 6:05
L.A. Dodgers at Milwaukee, 6:05
Pittsburgh at St. Louis, 6:15
Colorado at Arizona, 7:40
Houston at San Francisco, 8:15

NLL

CHAMPION'S CUP
Saturday
Portland at Buffalo, 5:30

Perfect Canada surges into quarters with win

CANADA 6 FINLAND 3

By MATTHEW WUEST
Metro Halifax

Team Canada's demolition drive to the quarter-finals at the world hockey championship is complete.

Everything the defending champions touched turned into a goal yesterday as Canada doubled Finland 6-3 in Halifax.

The defending champs are a perfect 6-0 this year, and are riding a 15-game winning streak at the worlds. They face Norway in tomorrow's quarter-final.

Shane Doan and Patrick Sharp scored key shorthanded goals to turn a 1-1 tie into a 4-1 lead after two periods, and Finland — coming off an emotional win over the U.S. the night before — didn't have enough left for a comeback.

MLB wants to ban Canuck bats

YORK REPORT
MARTY YORK
marty.york@metronews.ca

Now that baseball appears to have blackballed its home-run king, **Barry Bonds**, it's planning to do the same to his old bat supplier.

And the supplier, Ottawa's **Sam Holman**, is livid.

"If they blindside us and ban our bats," Holman told Metro yesterday, "it'd be a huge disservice. It'd be so wrong."

Metro has learned, however, that MLB executives have called a meeting with the players' association to propose the immediate prohibition of maple bats manufactured by several companies, including Holman's.

Nearly 50 per cent of contemporary major-leaguers use maple bats and 74 players — including the Blue Jays' **Vernon Wells**, the Boston Red Sox's **Manny Ramirez** and the Chicago Cubs' **Alfonso Soriano** — have exclusive deals with Holman's firm.

Ex-Toronto slugger **Joe Carter** was the first to use "Sam Bats" in the majors. He introduced them to Bonds while with the San Francisco Giants in 1998.

Bonds belted his career-record homer last season with a Sam Bat. This year, Bonds is linked to steroid use and can't find big-league employment. Holman has 12 new Sam Bats on standby for Bonds, just in case.

MLB execs are concerned, however, with the frequency in which maple bats have shattered. Their information is that maple bats break an average of two to three times a game. When they break, their barrels — thick on one end and splintered and sharp on the other — tend to fly quickly and unpredictably, endangering onlookers.

Pittsburgh batting coach **Don Long** was scarred recently after catching a broken barrel in his left cheek. He was in the Pirates' dugout when batter **Nate McClouth** shattered his maple bat on a fastball. Long was rushed to hospital and required stitches.

Now, MLB execs fear worse.

Holman insists his bats aren't dangerous and that his company's production methods guarantee safe lumber. He thinks competitors who followed him into the maple-bat business after 2000 use equipment designed to make furniture, thereby producing unsafe bats.

To paint all maple-bat companies with the same brush would be unfair, Holman maintains. It'd also be unfair to force hitters to suddenly revert to ash bats.

Bottom line: Look for the players' union to raise hell over this.

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»sports In Brief

» **NBA** LeBron James scored 21 points and dished out 13 assists as the Cleveland Cavaliers pulled away down the stretch to beat the Boston Celtics 88-77 last night, evening their Eastern Conference semifinal series after four games. Game 5 is tomorrow in Boston.

» **NHL** The San Jose Sharks relieved Ron Wilson of his head coaching duties yesterday, a little over a week since the club bowed out in the second round of the playoffs. Wilson led the Sharks to a 49-23-10 record in the regular season.

» **MLB** Cleveland Indians infielder Asdrubal Cabrera completed the 14th unassisted triple play in major league history in the fifth inning of last night's 3-0, 10-inning loss to the Toronto Blue Jays.

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METRO NEWS SERVICES

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Spring has arrived and love is in the air. And with spring, comes our favourite season of all — wedding season! Experts estimate that today, the average wedding costs over $20,000 — that was until we were faced with planning some of our own weddings. Through the whole experience, we did find some simple ways to save, without compromising style.

LESS IS MORE

Have you ever heard the complaint from a bride that her wedding day flew by without nearly enough time to visit with important friends and family? The number of people attending your reception has a major impact on your stress level and your overall wedding costs.

Not only are intimate weddings chic and exclusive, if you limit your list to just 100 people, instead of 200, you could save as much as $12,000 on food and alcohol.

PICTURE THIS

Wedding photography can range from $2,000 to over $4,000. And while sourcing out an artistic friend for photos is always an inexpensive alternative, there is a way to cut costs with the professionals.

Consider hiring a freelance photographer whose work you admire. This will allow you to skip the pricey wedding packages and save at least $1,000.

Just remember to negotiate for the rights to all the negatives as some photographers make their money by charging for individual prints.

BORROW THE BASICS

When it comes to weddings, friends and relatives are usually honoured to be a part of your special day. So, make a list of all the details you'd like for the day of your wedding. Maybe it's a stylish car to drive or a backyard to host your reception. Don't pass up the generosity of those who love you most.

HEY MR. DJ

If you want a really safe bet to ensure that your wedding will be chicken-dance-free, try asking a friend to act as your DJ. Of course, you'll want to be involved in making the playlist with your favourite songs.

If you have questions for the Smart Cookies or want to share your confessions, please email *smartcookies@metronews.ca.*

The Smart Cookies show you their way to financial freedom. Tune in Wednesday night at 9 p.m. EST/PST on the W Network. Be sure to visit *smartcookies.com* to get new money tips and sign up for our newsletter.

The refinance dilemma

MONEY MATTERS
HENRY CHOO CHONG
choochonghcga@yahoo.ca

Q Last week, one of the loan managers at my local bank offered to refinance the mortgage on my home. My first mortgage is approximately $200,000 at eight per cent interest rate with two years left. They offered a seven per cent for two years. I would have to pay a $4,400 penalty to break my existing mortgage. Should I take the new mortgage? **-DIMITRI, YORK**

A The mortgage debacle in the United States is being felt around the world and Canadians are no exception. With falling interest rates, many homeowners may be faced with refinancing dilemmas. There are many factors to consider, the following approach may help with your decision. Consider these two factors: The interest rate differential and the opportunity cost of penalty.

1. Compare the difference in interest rate: 1% (8%-7%) decrease on $200,000 is a saving of approximately $2,000 per year.

2. Opportunity cost of penalty are what earnings are given up by paying penalty. $4,400 3% GIC less assumed 40% tax rate. You would give up approximately $80 per year.

3. Savings if refinanced: Savings less cost of penalty ($2,000 minus $80) is $1,920 per year.

At face value, this does not appear to be a good deal for you. A real estate professional may provide some assistance.

Henry Choo Chong, CGA provides professional accounting and taxation solutions for individuals, businesses and corporations. E-mail all questions to Money Matters: choochonghcga@yahoo.ca.

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Edmonton City Centre (kiosk)
Kingsway Garden Mall
Londonderry Mall
Mill Woods Town Centre
Northgate Centre (kiosk)
Sherwood Park Mall
South Edmonton Common
Southgate Mall (kiosk)
St. Albert Centre
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West Edmonton Mall
Westmount Centre
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LETHBRIDGE
Lethbridge Smart Centres
Park Place

LLOYDMINSTER
Lloyd Mall

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Carry Dr. Plaza
Medicine Hat Mall (kiosk)

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mind&body

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TORSTAR FILE PHOTO

A common workout mistake is to do the same thing over and over again. Try to mix up your routine every eight to 12 weeks for better results.

Workout mistakes

alive

From the editors of alive magazine; alive.metro@alive.com

Here are some common mistakes people routinely make in the gym..

Talking while working out
» Please stop the chatting! Your breathing should be somewhat laboured when using the cardio equipment and your muscles fatigued when lifting weights — leaving little energy for an in-depth conversation about the latest Oprah show.

Training without purpose
» It doesn't matter if you are 16 or 60, have a fitness goal in mind, and train for it with intention and determination.

Avoiding training beyond your comfort level
» Around 90 per cent of us do not train as hard as we should, and the remaining 10 per cent train too hard.

Doing the same old thing
» If you are still doing the same workout you did this time last year, it is time to mix it up. Physiologically, it takes the body about eight to 12 weeks to adapt to a new stress, which is why it is important to continuously change up your routine.

Training only certain muscles
» If you want a functional body you must train the right muscles. It is quite common for people to train only what they can see (for example, the fronts of the arms and shoulders or the legs).

Slouching
» It is essential that you know how and are able to hold a neutral spine throughout any given exercise.

Breathing improperly
» A good breathing pattern starts with an inhalation through the nose (while keeping your shoulders from lifting up toward your ears), filling the chest and then the belly. Exhale through your mouth, releasing all the air from the belly.

Not knowing when to stop
» Unless you are intent on paying for your physiotherapist's next Hawaiian vacation, ask yourself if the pain you are feeling is from muscle fatigue, or whether it could be something more.

Building up too quickly
» Make sure your program is progressive and allows your body to slowly adapt. This is particularly important for the connective tissue. If a load is too great for the connective tissue around the joints to handle, you can cause injury.

alive is Canada's award-winning natural health and wellness magazine. Every month alive focuses on traditional and holistic healing, beauty, environmental issues, nutrition, emotional well-being, and supplementation. Pick alive up for free at your natural health store. Visit alive.com for more.

Horne opts for comfort styling

CELEB BEAUTY
MARCY CORNBLUM
entertainment@metronews.ca

Christine Horne, actress, plays Hagar Shipley in the film The Stone Angel (now in theatres):

Q What products make you look and feel good?

A Neutrogena's Healthy Defense Daily Moisturizer with SPF 45 is my friend. I don't wear much makeup in real life. Usually just some lip gloss so I look a little less like a corpse. What I do wear is mostly from Teye Minerals.

Q Describe your style.

A I am woefully out of touch with fashion and try to avoid things that I think might be considered trendy. I like layers of simple, comfortable clothing and vintage dresses.

Q How do you keep life in perspective?

A I try to enjoy the things I have in my life instead of bemoaning the things I don't. I usually have to remind myself to do it.

Kye Husbands, co-host of The Big Flip II, airing Saturday nights on HGTV:

Q What products make you look and feel good?

A I love Palmer's Cocoa Butter. It is the only product that I can use to keep my skin moist and smooth, especially in the winter. I also use Aveeno Positively Radiant Cleanser, it keeps me looking young.

Q Describe your style.

A My famous white T-shirt and blue jeans have lasted the test of time. I tend not to follow fashion trends.

Q How do you keep life in perspective?

A I believe the world is more good than bad and that anything is possible. I love the unknown and welcome challenges. I don't believe that success comes easily or without sacrifice.

Actress Christine Horne and The Big Flip II host Kye Husbands.

Marcy Cornblum is a freelance journalist. She's developed up-close and personal relationships with celebrities including actors, musicians and television personalities.

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Stressful living situations

Young couple needs their independence

RELATING
LISI TESHER
relating@metronews.ca

How solid is your romantic relationship? Do you think it could stand up to most of life's challenges?

That's what we hope for, right? A union in which you and your partner stand together cohesively in the face of duress, and come through any difficulties as a tighter and stronger couple.

But sometimes life throws us a curve ball or two, and it puts our relationship — even the strongest ones — to the test. Sometimes, the situation can't be avoided, such as illness, accident, or death; and other times, we bring it on ourselves. It's these things that we have to watch out for, and remind ourselves to do what's best for us, our partner and our relationship.

A common example would be the young couple who decide to move in with one set of parents while they look for a house to buy, or while building, renovating, or remodelling their existing home. On paper, it seems like a good idea. But in reality it can be a disaster and it can have negative lasting effects.

I know a woman who, with ample space in her home, took in her married daughter. Three years and two kids later, they're all still living together! And both sides complain about it. It's not hard to see that the woman should sit her daughter and son-in-law down, with her husband by her side, and explain that though they love them, it's time for them to get out.

What's taken her so long? She's afraid she'll upset her daughter, she's worried about where they'll go, she enjoys having her grandchilden around, etc. But the living situation isn't healthy for anyone. Boundaries are blurry, the father feels powerless in his own home, and the women argue.

In some cultures, it's common for extended families to all live together under one roof. However, young adults can't flourish unless they have some independence, and young couples need privacy, intimacy and the chance to figure out their roles within their own relationship.

Young couples are best to not have roommates — it changes the dynamic and doesn't give the couple the chance to get to know each other on a fair playing field, says our columnist.

On the flip side, young couples are best to not have roommates — even if it's a best friend or sibling. Having a third party around changes the dynamic and doesn't give the couple the chance to get to know each other on a fair playing field. Living with friends can be great fun, but inevitably, we need to learn about our partners on our own, without any outside influence.

This isn't to say that extended families can't live together ever, but before that decision is made, lines have to be drawn, discussions need to be had, and a mutual understanding needs to be in place.

Family relations are important, and we're lucky if we have a good support system in them. But when it comes down to the trials and tribulations of daily living, we have to know that we can count on our partners, through thick and thin.

Lisi Tesher is a much travelled freelance writer who has studied art history, photography, languages and pop culture. She is also a constant and fascinated student of relationships, maintaining contact with a worldwide network.

Marijuana may up stroke, heart attack risk: Study

Heavy marijuana use can boost blood levels of a particular protein, perhaps raising a person's risk of a heart attack or stroke, U.S. government researchers said yesterday.

Dr. Jean Lud Cadet of the National Institute on Drug Abuse, part of the National Institutes of Health, said the findings point to another example of long-term harm from marijuana. But marijuana activists expressed doubt about the findings.

Cadet said a lot of previous research has focused on the effects of marijuana on the brain. His team looked elsewhere in the body, measuring blood protein levels in 18 long-term, heavy marijuana users and 24 other people who did not use the drug.

Levels of a protein called apolipoprotein C-III were found to be 30 per cent higher in the marijuana users compared to the others. This protein is involved in the body's metabolism of triglycerides — a type of fat found in the blood — and higher levels cause increased levels of triglycerides, Cadet added.

High levels of triglycerides can contribute to hardening of the arteries or thickening of the artery walls, raising the risk of stroke, heart attack and heart disease.

The study did not look at whether the heavy marijuana users actually had heart disease.

"Chronic marijuana use is not only causing people to get high, it's actually causing long-term adverse effects in patients who use too much of the drug," Cadet, whose study is in the journal Molecular Psychiatry, said in a telephone interview. "Chronic marijuana abuse is not so benign."

The marijuana users in the study averaged smoking 78 to 350 marijuana cigarettes per week, based on self-reported drug history, the researchers said. REUTERS

metro TOP 5IVE

Best proposal spots in the world, according to Travel Weekly:

1. Eiffel Tower, Paris, France
2. London Eye, London, England
3. Oia, Santorini, Greece
4. Alhambra, Granada, Spain
5. Canals of Venice, Venice, Italy

— Metro News Service

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entertainment

Actor Jimmy Fallon, left, has been named the new host of NBC's Late Night, the network announced yesterday. He will likely debut in June 2009. USMAGAZINE.COM

sitcom

Spears could be back on Mother

Spears

CASTING Three times may be the charm for Britney Spears and How I Met Your Mother.

With Spears making her second guest appearance on the abruptly popular CBS comedy, the show's co-creator, Craig Thomas, tells *THR.com* that yesterday's episode was written to leave the door open for the pop singer to make a return appearance next season.

REUTERS

»news

In Brief

» **FASHION** Canwest Broadcasting has kicked off the hunt for Project Runway Canada contestants. Fashion designers can to go to *globaltv.com* to download the official application form.

METRO NEWS SERVICES

Breaking down Bob Dylan

DVD REVIEWS

RICK McGINNIS

rick.mcginnis@metronews.ca

I'm Not There

Stars: Cate Blanchett, Richard Gere, Heath Ledger

Distributor: Alliance DVD

14A

Heath Ledger, left, and Cate Blanchett both play Bob Dylan in I'm Not There, now on DVD.

THANKS TO A PERSONA composed largely of lies, half-truths and misinformation, a standard biopic of Bob Dylan is nearly impossible to make. Director Todd Haynes rose to this challenge by realizing that the fiction of Dylan is more interesting than any mere reality, and used it to tell the story of one of music's most famous recluses, albeit one who has been hiding in plain sight for more than 40 years.

Casting six different actors to play Dylan was doubtless a stunt, but it elegantly reflects the phases and periods that subdivide the singer's long career into discrete sections. The weakest is probably the briefest; even after two viewings, I'm having a hard time seeing Ben Whishaw's Dylan-as-Arthur-Rimbaud-testifying-in-front-of-HUAC as really essential to the movie.

Cate Blanchett's Dylan-mania Dylan is suitably skittish, and far more vulnerable, than the real thing, while Richard Gere's Basement Tapes Americana Dylan hints at the stillness the man assumed as a more mature artist, reacting to the most painstakingly surreal vision of Dylan's mental landscape with an eloquence that helps ground the whole sequence.

The best, sadly, is Heath Ledger's Blood On The Tracks Dylan, the big star reaping the emotional turmoil that his cruelty and selfishness brings him like an overdue bill. It's the most naturalistic section of the film, and Ledger and co-star Charlotte Gainsbourg fill it with a dull, bitter emotional ache. A second disc of bonus features feels a bit thin, except for a feature on the film's soundtrack which, with its wild collision of old and young musicians, constitutes a whole separate tribute to Dylan independent of the movie.

more online

» For reviews of All You Need Is Love, The Great Debaters, Numb, Indiana Jones and the Raiders Of The Lost Ark, Indiana Jones and the Temple Of Doom, Indiana Jones and the Last Crusade, Saturday Night Live: The Complete Third Season and Seven Wonders Of The Industrial World, visit *metronews.ca*.

Washington files Grey's complaint

Washington

Isaiah Washington has filed a complaint with the Screen Actors Guild over ABC's use of his picture in an episode of Grey's Anatomy.

The mug of Washington's Dr. Preston Burke was featured in a "newspaper article" about the character receiving a prestigious surgeon's award in an episode that first aired May 9.

But Washington, who left the show in 2007 amid controversy over his allegedly referring to castmate T.R. Knight with a homophobic slur, claims the producers failed to get consent for the use of the picture.

REUTERS

Steven Spielberg is planning a movie about former U.S. president Abraham Lincoln and the American Civil War. He told the magazine FOCUS that filming could start in early 2009. ANANOVA.COM

in court

Divorce decreed for McCartney

PEOPLE The ill-fated marriage of former Beatle Paul McCartney and his estranged wife, Heather Mills, came to a formal end during a 30-second hearing Monday at London's High Court.

Justice Hugh Bennett said the petition for divorce by Mills was granted on the grounds that the couple had lived apart for two years. Neither McCartney nor Mills were in court for the decree.

The brief hearing contrasted with the bitter and protracted fight over the divorce settlement earlier this year.

casting

The Hills star lands film role

MOVIES Audrina Patridge, one of the subjects of the hit reality series The Hills, has landed her first film role. Patridge has joined the cast of Into The Blue 2, a sequel to the 2005 Jessica Alba-starring action-adventure film.

Patridge is the first reality celebrity from The Hills to get an acting role in a film. The show's Lauren Conrad appeared as herself in the 2007 Regency comedy Epic Movie.

box office

Iron Man holds onto No. 1 spot

FILM With an estimated weekend gross of US $39 million from about 7,600 screens in 61 overseas markets, Iron Man bested newcomers What Happens In Vegas and Speed Racer to retain its No. 1 rank on the international circuit.

But second-frame results for the Marvel superhero represented a nearly 60 per cent drop from the high-flying tally ($95.5 million) recorded in its opening surge. It only landed $16 million ahead of Vegas and $26.2 million over Speed Racer. REUTERS

Strike didn't bother this columnist

IDIOT BOX

RICK McGINNIS

rick.mcginnis@metronews.ca

500 CHANNELS AND NOTHING TO WATCH: One of the great things about writing a TV column without having to watch the stuff that comes down the broadcast pipeline is you can appreciate the suffering of other — some might say "real" — TV critics who feel obliged to spend valuable hours watching prime time and quality cable that might otherwise be spent reading help wanted ads, perfecting your bread pudding recipe, or working on your aim.

With the end in sight, Adam Buckman of the New York Post was moved to write yesterday that "with a 15-week strike halting production, the 2007-08 season will be remembered as one of the most confusing messes in the history of TV," just after definitively pronouncing it "the Worst. Season. Ever."

The last year's television was so bad, Buckman insists, it literally drove viewers crazy, inspiring them to send in peanuts, light bulbs and birdseed to network executives to keep shows like Jericho, Friday Night Lights and John From Cincinnati on the air. "CBS actually acquiesced to the peanut campaign and brought back Jericho," Buckman noted, "only to watch it sink like a stone." Which goes to show, truly, no good deed goes unpunished.

Buckman claims there was a point when people actually believed the writers' strike would turn out to be an "incubator for innovation," though as far as I can tell this was more like knowing people who believe in Bigfoot — you're sure such people must be out there, though it's unlikely that you're ever going to meet one.

"After the strike ended, the networks became desperate for something to promote," Buckman writes. "And what emerged as the most-promoted stunt this season? Britney Spears guest-starring as a receptionist on How I Met Your Mother."

This particularly irritates Buckman, who insists "CBS's publicity in support of the Spears appearance was so overheated you would have thought Lucille Ball had been coaxed back from the dead."

Reading this, I couldn't help but feel sorry for Buckman for having what sounds like an intimate relationship with CBS' publicity department, inasmuch as they've made Spears' primetime cameo seem like a major event, and not the mere blog item or YouTube clip it seemed like to me up here in the frozen wastes of CBS-publicity-doesn't-know-me-from-Adam-land. If this is a side effect of access, I consider myself grateful for outsider status.

This is, as I've mentioned before, my 500th Idiot Box column, and my 1000th as a TV columnist for Metro, a job I took on with the sort of enthusiasm reserved for the guy in the war movie who gets sent ahead to scout around a few minutes after we see him write a sweet letter to his girl back home. No surprise then, that the most fun I've had in the last few months was during the writers' strike, when there was no obligation whatsoever to try and watch what, after all, wasn't actually on TV, since this was entirely beside the point.

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/13/08	267	351 -	ACCESS	Law Order: CI		History	History	Esteem	Baby	Naked	Just Food	Help TV
	243	317 3	CFCN	eTalk	Jeopardy!	Law & Order: SVU		American Idol		Dancing-Stars		News (N)
	-	- 4	BROAD	Broadcast News		Broadcast News News.						
	-	371 5	KXLY	News	News	Entertain	Insider	Jim	Jim	Dancing-Stars		Murder
	245	306 6	CBRT	NHL Hockey		CBC News	Mercer	To Be Announced		National		The Hour
	244	338 7	CICT	ET	Entertain	Boston Legal		NCIS (HDTV) (N)		Shark (N)		News
	246	- 8	CKAL	Friends	Friends	Beauty and the Geek		Entourage	Entourage	Hell's Kitchen		Your City
	119	705 9	CBXFT	Des squel	Tout	Beautés désespérées		France		Le Téléjournal (SC)		TJ Alberta
	-	- 10	SHAW	(6) Local Programming						Local Programming		
	-	372 12	KREM	News (N)	Hollywood	Friends	Scrubs	NCIS (HDTV) (N)		Shark (N)		Criminal
	-	374 14	KSPS	News-Lehrer		Nova (N) (DVS)		Savage Seas		Frontline (HDTV) (N) (DVS)		
	502	390 15	CBC	National		National		National		National		Ted Story
	-	370 16	KHQ	News (N)	Raymond	Jeopardy!	Fortune	Moments	Moments	Law & Order: SVU		Law SVU
	-	373 22	KAYU	'70s Show	Simpsons	Two Men	Two Men	American Idol		Hell's Kitchen		News (N)
	297	652 37	WPIX	Reaper (N)		CW11 News at Ten		Fam. Guy	Two Men	Sex & City	Will-Grace	Frasier
	500	500 29	CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper
	508	502 31	CNN2	Glenn Beck		Nancy Grace		Showbiz Tonight		Glenn Beck		Grace
	400	400 21	TSN	NBA Basketball		SportsCentre (HDTV) (Live)			In Corner	Score Golf	Motoring	EURO
	408	418 27	net	MLB Baseball: Blue Jays at Twins				Sportsnet Connected		Sportsnet Connected		Sports
	410	403 30	SCORE	NBA Basketball		Score Tonight		The Spin		Score Update		Update
	411	457 44	OLN	Odyssey	Surf Patrol	Adventure	Stranded:	Pilot Guides		Don't Forget		Survivor
	417	406 48	SPEED	Wind Tunnel		Unique Whips		Pinks	Pass Time	All Star	All Star	Wind
	552	543 20	YTV	Drake	Drake	Malcolm	Prank Ptrl	Fries	Monster	Futurama	Shadow	Falcon
	557	541 39	FAM	Zoey 101	Life Derek	So Raven	Smart Guy	Suite Life	Sadie	Montana	Life Derek	School
	555	545 67	TOON	6teen	Johnny T	George	Road Run	Scooby	Futurama	Tripping	Tripping	Chicken
	575	583 11	CMT	Reba	Hope	Home Imp.	Roseanne	CMT30	Totally	Reba	Hope	Home Imp.
	553	546 17	TREE	Little Bear	Spider	Couch	Rolie Polie	Berenstain	Babar	Backyard	Quilt	Wee 3
	-	- 18	CHTV	'70s Show	E! News	Murder Club		THS Investigates				News (N)
	505	398 19	TWN	EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23	W	Shopping	House	Will-Grace	Friends	Maxed	Style Jury	Kim	Style Jury	Naked
	521	560 24	TLC	Dateline Myst.		Dateline Myst.		Dateline Myst.		Dateline Myst.		Dateline
	603	561 25	FOOD	Chef	At Table	Kitchen Nightmares		Restaurant Makeover		Iron Chef America		Chef
	615	520 26	A&E	The First 48		Simmons	Simmons	Simmons	Simmons	The First 48		First 48
	617	522 32	SHOW	Trailer	Billable	ReGenesis		Blue Murder		Trailer	Kenny	CSI: NY
	601	562 33	SLICE	Hair Challenge		Plastic	Rocker	Newlywed	Matchmak	Hair Challenge		Plastic
	-	633 34	ENC2	Happy	(7:20) Air Bud: World Pup			The Frighteners ★★ (1996)			The Lost Boys (1987)	
	520	505 35	DISC	Smash Lab (N)		Deadliest Catch (N)		Daily Planet		Smash Lab		Deadliest
	620	523 36	BRAVO	Road to Baleya		Yo-Yo Ma Live		Law & Order		Without a Trace		YoYo Ma
	294	650 40	WPCH	(6) Assassins (1995)			Frasier	Seinfeld	Frasier	Assassins (1995, Action)		
	626	547 41	COM	Laughs	Comics!	Air Farce	22 Min	Laughs	Corner	Simpsons	S. Park	MADtv
	-	539 42	TCM	Romance-Rosy		(8:15) Raintree County ★★★ (1957, Drama) Montgomery Clift.						
	628	584 43	SPIKE	CSI: Crime Scn		DEA (HDTV)		CSI: NY (HDTV)		CSI: Crime Scn		Voyager
	522	516 45	HIST	Disasters	Mastrmnd	JAG (DVS)		Digging for the Truth		Bloodlines		Crime
	627	528 46	SPACE	Star Trek Gen.		Hex		Stargate SG-1		Star Trek: Voyager		Enterprise
	-	- 47	AMC	Missing in Action		(8:15) Missing in Action 2: The Beginning				Braddock: Missing in Action III		
	619	525 49	TROP	Inside Box	Vanity	That News	That News	ET	What	Fam. Guy	Seinfeld	Seinfeld
	600	564 50	HGTV	Colin-Justin		Green	Outside	Colin & Justin		Designer	Design	Colin
	501	391 52	CTV	CTV Newsnet		News	CTV News	News	CTV News	News	News	News
	504	508 70	BNN	Squeeze Play		Market Call		Business News		Market	Workopol	Squeeze
	526	507 92	CLT	Psychic	Evidence	Traders		The West Wing		Navy SEALs		Psychic
	269	350 93	APTN	First Talk	News	Circle	Miyawaya	Nedaa-Yukon		Guides	Tears	Heavy
	-	- 94	MCP	News	News	The Land	Daughters	Il Caffe		Germany	Euromaxx	Schau
	571	581 100	MMM	Fabulous Life Of...		Hogan	Hogan	Listed		Fabulous Life Of...		Hogan
	570	580 101	MM	Gone Wild	Stars Wild	Trial	Trial	Punk'd	Born to Be	The O.C.		Cradle
	581	566 102	MTV	Tila Tequila		Tila Tequila		MTV Live		Tila Tequila		Tila

primetime | news | sports | family | cable variety

critics' corner

Women's Murder Club
Nobody ever said their jobs would be dull. Last week, the women's investigation of a crime put Cindy (Aubrey Dollar) in jeopardy. In this new episode, it's Lindsay (Angie Harmon) who puts her own life on the line to capture a serial killer. And her romantic life could take a hit from this, too. Paula Newsome, Laura Harris and Joel Gretsch also star in "Never Tell." 8 PM on CHTV; 11:02 PM on KXLY

Family Guy
When Stewie is suckered into joining the U.S. military by a recruiter, Brian (voice of Seth MacFarlane) reluctantly signs up so he can keep an eye on the kid while they try to find a contractual loophole. Back at home, Chris (voice of Seth Green) turns into a rebellious teen when he becomes the lead singer of a heavy metal garage band. 6:30 PM on TROP

NCIS
Ducky (David McCallum) must be feeling like the Jessica Fletcher of the NCIS team. Like the "Murder, She Wrote" heroine who kept losing friends to murder, he's had one assistant incapacitated by a gunshot, and now his current right-hand man, Jimmy Palmer (Brian Dietzen), has become the target of a killer. Gibbs (Mark Harmon) and the team scramble to solve the case and save their friend. Cote de Pablo also stars in the new episode "About Face." 9 PM on CICT, KREM

South Park
All parents dread card game crazes based on cartoons — and vice versa. It means more nagging to buy more stuff and less quality family time. Who wants that? Certainly not the moms and dads of South Park, who have to come up with a way to get their kids' attention back after a new craze called "Chinpokomon" sweeps through the town. 10:30 PM on COM

celebritybuzz

Stephen Lovekin /Getty Images

Bono's impromptu birthday bash

It wasn't your ordinary dinner party for 12 on Friday night – though there was cake and champagne.

To celebrate his 48th birthday, U2 front man Bono held a small dinner party at Sass' Café in Monaco, *People.com* reports. On the guest list: actor Brad Pitt, Monaco's Prince Albert II and U2 guitarist The Edge.

"It was really quite a surprise," the café's maître d' told People magazine. "It wasn't organized in advance. We only got called on it that afternoon."

The dinner, arranged by Bono's wife Ali Hewson, began with red wine at 10 p.m., according to staff, even before The Edge arrived for the evening.

The meal was followed by a champagne toast and strawberry cake lit with candles; a staffer described the party as "très spéciale."

Bono's birthday was actually on Saturday.

Metro News Services

Malene Arpe

To be young, buff and in love

Singer Justin Timberlake and actress Jessica Biel have topped a new list of Hollywood's Buffest Couples, *femalefirst.co.uk* reports.

The twosome beat model Gisele Bündchen and football player Tom Brady, and High School Musical's lovebirds Zac Efron and Vanessa Hudgens among others to land at No. 1 on the new In Touch magazine hotlist. Also making the Top 10 are actors Jerry O'Connell and Rebecca Romijn, singer Fergie and actor Josh Duhamel, and actress Eva Longoria Parker and basketball player Tony Parker.

Metro News Services

Bryan Bedder /Getty Images

Marriage is 'antiquated'

Kristin Davis doesn't want to get married, *femalefirst.co.uk* reports.

The actress, who is single, is in no rush to find a husband because she believes marriage is an "antiquated" institution. "I feel like it's important to say that not everyone has to get married," she says. "It's like this crazy antiquated 1950s thing and that's not the way life is."

Davis admits she is nothing like her Sex And The City character Charlotte, who was always desperate to settle down and get married.

"My life is very, very different from Charlotte's," Davis said. "I'm much more independent."

Metro News Services

Mischa was 'photoshopped': Rep

A representative for Mischa Barton has hit out at publications printing unflattering photos of the actress – insisting the images were manipulated in a bid to sell more magazine copies, *imdb.com* reports.

Images of Barton, many of which showed her with cellulite on her thighs, were splashed in various magazines and online last week.

Spokesperson Lisa Perkins is adamant someone tampered with the photos to suit their own financial gain.

"Those photos are doctored," Perkins told The New York Daily News. "I'm not saying she's perfect, nobody is. But they've given a 22-year-old woman the legs and bottom of an 80-year-old. There's a lot you can do with Photoshopping."

Metro News Services

Astrid Stawiarz /Getty Images

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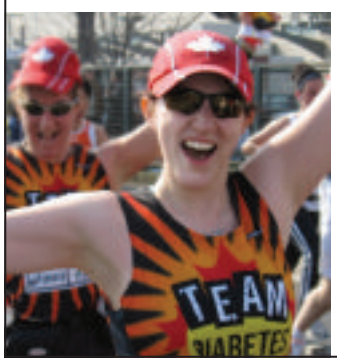

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July 2009
Register by:
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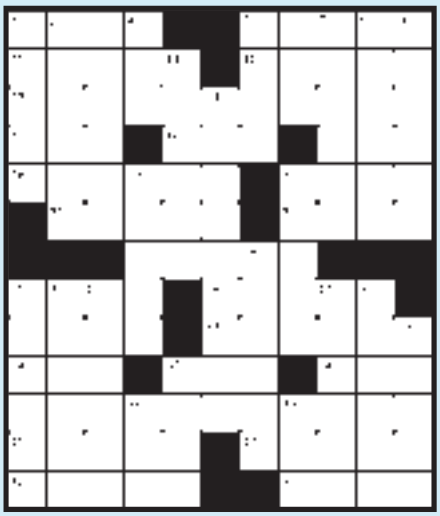


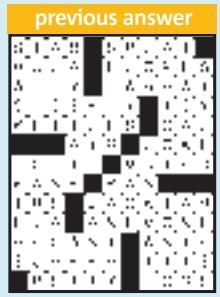
down »

1 Gave a hoot
2 Los —, New Mexico
3 Takes notice
4 Battery size
5 Lacking slack
6 Ring great
7 Lassie, for one
8 One way to shop
9 Ranked, in tennis
11 Soviet tyrant
14 Pledge of Allegiance phrase
19 Treat the turkey
20 Attire
24 Misplay
25 Shingles pro
26 Salad green
27 Act parts
29 Opera's Stratas
30 Flower part
33 Took the wrong way
35 Catching need
38 Rap's Dr. —
39 Forty winks

across »

1 Home for José
5 Mexican snacks
10 Fake name
12 Unaided
13 Pixar movie
15 Print measures
16 Kitchen pest
17 Cover
18 Bar order
20 Have supper
21 Portugal's neighbour
22 Clarinet part
23 Catch
25 Breather
28 Lab work
31 A single time
32 Small maps
34 Keats work
35 Homer's bartending pal
36 Nogoodnik
37 Pixar movie
40 Chris of the court
41 Art supporter
42 Bowling button
43 Window piece

previous answer



HOROSCOPE

ARIES | March 21-April 20
Exceptional financial changes take place. A mall is the setting for a magical experience. A worker is just asking for trouble.

TAURUS | April 21-May 21
Help out with a young guy. Be precise when giving an estimate. Woeful grumblers cause fruitless discussions.

GEMINI | May 22-June 21
It's impossible to do everything yourself. Don't let vanity provoke misunderstandings. Bypass a new buddy to spend time with loved ones.

CANCER | June 22-July 22
People help you to fill up your extra time. A boy makes a fair exchange. A female's aching heart needs attention.

LEO | July 23-Aug. 23
A coward does an unlikely good deed. A diva will leave the scene of a crime. A woman builds a bridge to better understanding.

VIRGO | Aug. 24-Sept. 22
Resist the comeback of a shady person. Dissatisfaction with career prospects flares up. A dependent friend wants you to play.

LIBRA | Sep. 23-Oct. 23
Nobody will be deceived by appearances. An enchantment will give false comfort. Don't leave a tense crisis unresolved.

SCORPIO | Oct. 24- Nov. 22
A struggle is about being kind to strangers. Emotional ranting should be avoided. A woman will do anything for love.

SAGITTARIUS | Nov. 23- Dec. 21
Someone is ready to run away from a blunder. Beware of a decision-maker with a complaint. Talking interferes with a deadline.

CAPRICORN | Dec. 22-Jan. 20
Develop respect for a smarter person. An offender wants to be justified. A youngster regrets an unlawful action.

AQUARIUS | Jan. 21-Feb. 18
A social gathering will improve your mood. An associate gives a chance for reconciliation. A peculiar person stands by you.

PISCES | Feb. 19-Mar. 20
Don't interfere with dawdling progress. Be serious with a smelly guy. See a film with someone who gives advice.

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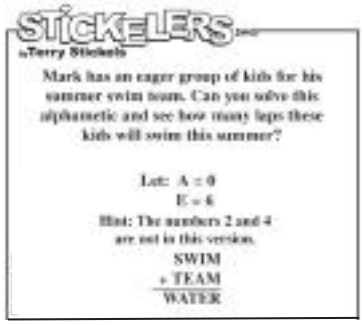
STICKELERS
Terry Stickels
Mark has an eager group of kids for his summer swim team. Can you solve this alphametic and see how many laps these kids will swim this summer?
Let: A = 0
E = 6
Hint: The numbers 2 and 4 are not in this version.
SWIM
+ TEAM
WATER

Previous Answer

	6	7	1		2	5	9	
2	8						7	3
		6	4		1	7		
	9			5			6	
		5	8		6	3		
1	7						4	2
	2	4	9		3	1	8	

instructions »

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time »

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

4	8	9	3	5	1	7	2	6
1	5	2	4	7	6	8	9	3
7	3	6	9	2	8	5	1	4
8	7	1	2	3	4	9	6	5
3	2	5	8	6	9	4	7	1
9	6	4	5	1	7	3	8	2
2	4	7	6	9	3	1	5	8
5	1	8	7	4	2	6	3	9
6	9	3	1	8	5	2	4	7

This Day IN HISTORY

May 13, 1846: Mexican-American War: The United States declares war on Mexico.

May 13, 1861: American Civil War: Queen Victoria of Britain issues a "proclamation of neutrality" which recognizes the breakaway states as having belligerent rights.

May 13, 1981: Mehmet Ali Agca attempts to assassinate Pope John Paul II in St. Peter's Square in Rome.

WIKIPEDIA.ORG

Calgary weather

The Weather Network
theweathernetwork.com

Afternoon	Tonight	Wednesday	Thursday	Friday
Variable. 16°	Variable. Low 5°	Variable. 16°/ 8°	Variable. 21°/ 10°	Sunny. 24°/ 12°

Temperature
Normals
High: 17°
Low: 2.4°

Records
High: 27.8°/1931
Low: -5.6°/1886

Sunrise: 5:47 a.m.
Sunset: 9:17 p.m.
Moonset: 3:23 a.m.
Moonrise: 2:44 p.m.

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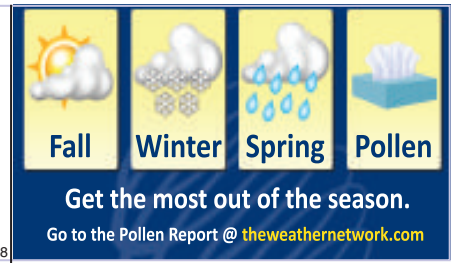

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Market Mall
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Southcentre Mall
Sunridge Mall
TD Square
TELUS Convention Centre
Westbrook Mall
West Hills Towne Centre
856 - 33 Heritage Meadows Way SE
6039 Centre St. S
264 - 6100 MacLeod Trail S

NORTHWEST

822 Crowfoot Cres. NW
1623 Centre St. NW
715 - 5005 Dalhousie Dr. NW
207 14 St. NW

NORTHEAST

Spectrum Shopping Centre
511 - 500 Country Hills Blvd.
1353 32 Ave. NE
2420 - 42 Ave. NE
19 - 2520 23 St. NE
2000 McKnight Blvd. NE

SOUTHWEST

Energy Plaza
245 - 225 7 Ave. SW
1 - 4623 Bow Trail SW
5 - 2008 33 Ave. SW
12 - 9250 MacLeod Trail S
16061 MacLeod Trail S

SOUTHEAST

856 - 33 Heritage Meadows Way SE
1288 42 Ave. SE
7845 Flint Rd. SE
4410 50 Ave. SE
255 28 St. SE
10836 24 St. SE
109S - 8500 MacLeod Trail SE
4949 Barlow Trail SE

Airdrie
2145 Summerfield Blvd.

Cochrane
4 - 201 Grand Blvd.
15 - 312 5 Ave. W

Okotoks
181 - 31 Southridge Dr.
118 Elizabeth St.

Strathmore
8 - 55 Wheatland Trail
103 - 331 3 Ave.

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